

The Sufficient Word

The Institute for Biblical Counseling & Discipleship • Volume 13, Number 3 • December 2006

INTRODUCING THE BASICS

A banner in front of a local Southern California church undergoing remodeling reads: “Still Instructing while Constructing.” While we have not begun any physical construction on either of our offices, this slogan could be applied to us as we continue to train counselors in the midst of our administrative “construction.” IBCD’s primary objective has always been to train members of Christ’s Church to counsel their brothers and sisters in their own local churches, and we are continuing to do that today.

In September of this year, we began a combined “Introduction to Biblical

Counseling” and “Marriage and Family Counseling” course at our Escondido location. The course was designed to provide a way for those interested to complete the first step towards NANC certification. So we set up a course that would take place one Saturday per month, all day, for five to six months. We’re over half-way through and the course is going well. Forty to fifty people have attended, most of whom have paid the suggested contribution of \$100. Students include members from Grace Church in Rancho Bernardo, Valley Center Community Church, Grace Bible Church, and others. One participant is seeking training with the hopes of starting a much-needed, Spanish-speaking counseling ministry here in Escondido!

IBCD Director, Jim Newheiser, has taught most of the course thus far. He reworked and updated much of the counseling material he had used in the past to furnish the bulk of the course. Laura Hendrickson, author of the recently-published *Will Medicine Stop the Pain?* and an IBCD counselor, is scheduled to speak in the future. We also heard testimonies from Harold Hall and others whose lives were changed dramatically by the Lord through the work of biblical counselors.

We have also invested time and money into recording the sessions in both audio and video formats. After each session we have lent out DVDs to those who missed it so that they might catch up for the following month. The audio/visual ministry of Grace Bible Church is also working diligently to produce more “polished” versions of the DVDs which we hope to provide as an option for those seeking IBCD or NANC certification here in Southern California or around the United States. The audio recordings, handouts, and PowerPoint presentation slides used during the sessions are all available online at the



website below.

The class will be meeting on December 16th, January 27th, and possibly February 17th if more material still needs to be covered. All are still welcome to sign up and attend. If you would like to come, please let us know, and we will help you get caught up through the use of the audio and video resources mentioned above.

We have been greatly encouraged by the turnout and feedback we have received for this course. If you have any questions or would like to request the forthcoming video set, please contact us by phone or email and we will gladly help. Please pray for the teachers, the students, and everyone else involved in this project, that they would serve *“by the strength that God supplies in order that in everything God may be glorified through Jesus Christ”* (1 Pet. 4:11). And please pray for the ministry of IBCD as we continue instructing while constructing.

<http://www.biblicalcounselingonline.org/series/intro-to-counseling/>

IBCD PROGRESS REPORT

Just six months after the transfer of oversight from Bayview OPC to Grace Bible Church and administrative responsibilities from our offices in La Mesa to Escondido, the ministry is doing well. We thank God for the progress He has allowed us to make during this time and we continue to look forward to the future for what He has in store for us. At this point in the transition, we thought it would be appropriate to give our friends and supporters an idea of what's happening at IBCD.

So here are a few of the highlights...

- Six people (Jim Newheiser, Jack Dundas, Kathy Richardson, Christa Walker, Phil Fitzpatrick, and Laura Hendrickson) are counseling each Monday in Escondido, 2-6 hours per week each, with about 4 outside observers most weeks. Jim is meeting weekly with the counselors and observers to discuss their cases and offer help where needed.
- Laura and Jack are counseling on Thursdays at New Life Presbyterian, La Mesa, where there is one observer.
- Three of our trainees were recognized as newly certified counselors at the NANC conference. Another trainee has recently completed NANC certification under Jim's supervision, and two others are in the final stage of their training.
- Jim attended the NANC conference in Indianapolis at which he gave two messages. In addition, he spoke at counseling conferences this Fall in Mesa/Gilbert Arizona, San Jose California and Kansas City. He also gave a talk on biblical counseling at a FIRE regional conference in Seattle.
- One of our trainees, David Barceló (see previous *Sufficient Word* issue), gave his testimony before a general session at the NANC conference in Indianapolis. David, the first NANC-certified counselor in Spain, has developed a biblical counseling curriculum in Spanish and is about to complete his D.Min. in counseling from CCEF/Westminster, Philadelphia.
- We have completed the conversion of George Scipione's "Introduction to Biblical Counseling" and "Marriage and Family Counseling" courses from VHS to DVD and have these available, with the syllabi, for purchase or borrowing.
- We have expanded our selection of books available to counselees in Escondido by purchasing many volumes from Evangelical Bible Book Store. We plan to keep this inventory up to date.
- We have created an audio library for counselors and counselees of talks from previous IBCD conferences. We purchased the mp3s of many of these from Sound Word, and have the right to duplicate these for our own use. Counselors can now suggest audio messages for counselees which can then be put onto an audio CD by the receptionist.
- We have set up all of the counselors' calendars on Google Calendars which has been a big help. Due to this improvement, counselors are able to check their schedules from home and immediately be aware of any changes made throughout the week.
- Bryce Waller, a Westminster Seminary student, is doing administrative work for IBCD in Escondido, with Marsha McGaugh of GBC working as receptionist on Monday nights. Betsy Smith continues to work part-time in La Mesa doing bookkeeping and acting as a receptionist on Thursdays.
- Financially, it will be hard to establish trends until we reach the end of the year. We are thankful for those who have continued to support this ministry.
- The website is a work in progress. We have made most of the crucial changes necessary to reflect the administrative changes, but there are still major improvements to be made.
- We have begun plans for the June Institute for the last week in June. Ed Welch has agreed to speak at the conference. We also plan to have George Scipione teach "Introduction to Biblical Counseling" course plus some of his Marriage and Family Counseling material (to meet the NANC requirements). We also are hoping to have a "Spanish language track" at this year's conference with David Barceló teaching "Introduction to Biblical Counseling" in Spanish.
- Marta Arjona, wife of Pastor Juan Arjona, who is working with the PCA Spanish speaking work at New Life PCA, Escondido, is pursuing certification with NANC/IBCD and is interested in establishing a local biblical counseling ministry in Spanish.
- Much more still needs to be done to publicize our ministry to area churches and Christian institutions.

UPCOMING EVENTS AT IBCD

SPRING SEMINAR

March 31, 2007

9:00-4:00

Purifying the Heart of Sexual Idolatry

Featuring: John Street

IBCD, Escondido
655 West Eleventh Ave.
Escondido, CA 92025

There is no need to register. Admission is free
(a collection will be taken).

IBCD JUNE INSTITUTE

June 28-30, 2007

New Life Presbyterian Church, La Mesa
5333 Lake Murray Blvd.
La Mesa, CA 91942

Featuring Keynote Speaker: Ed Welch

Other speakers: Elyse Fitzpatrick, Jim Newheiser,
Laura Hendrickson, George Scipione, and more...

We will also be offering "Introduction to Biblical
Counseling" with George Scipione earlier during the
week of the conference. This course will satisfy the first
requirement for NANC certification.

June Institute *en Español!* New this year!
The "Introduction to Biblical Counseling" course as well
as several conference workshops will be offered in
Spanish! Simultaneous Spanish translation will also be
offered during the main conference sessions.

Please save the date on your calendar and look for
registration information soon!



DAVID BARCELÓ AND DR. JAY ADAMS

David will be teaching the Spanish language track at this year's June Institute.

JIM NEWHEISER'S SPEAKING SCHEDULE:



December 16: *Introduction to Biblical Counseling: Session 4*
at Grace Bible Church, Escondido

January 27: *Introduction to Biblical Counseling: Session 5*
at Grace Bible Church, Escondido

January 30-February 14: Trip to the Philippines: will include teaching at FEBIAS College of Bible, teaching *Introduction to Biblical Counseling* at Cornerstone Community Baptist Church in Manila, and leadership training in Baguio

February 17: *Introduction to Biblical Counseling: Session 6*
at Grace Bible Church, Escondido

February: Possible biblical counseling "Training Day"
in Orange County.

March 16-17: NANC "On the Road" Training
in Portland, Oregon

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